

The "**How to Choose a Major**" Workbook is essentially a structured way to force the logic we have been discussing.

I have reviewed the workbook against Maan's psychiatric report and transcript. **It does not change my opinion; it mathematically proves it.**

Here is how Maan should fill out this workbook based on the **hard evidence** (his grades and diagnosis). If he fills this out honestly, the workbook itself will tell him to quit Economics and International Relations.

## **Workbook "Cheat Sheet" for Maan**

*Based on the evidence in his file.*

### **1. Reflect & Connect: Motivators (Page 5-6)**

- **The Question:** "What is your top motivator?"
- **Maan's Truth:** It *should* be "**Studying something I'm interested in.**"
- **Why:** The Psychiatric Report confirms he has **ADHD**. For an ADHD brain, "Interest" is not a luxury; it is the *fuel* required to function. If he chooses "Prestige" or "Money" over "Interest," he will fail because his brain will shut down (as seen in Calculus).

### **2. Personality Mosaic (Page 7-9)**

The workbook uses the "Holland Code" (RIASEC) system. Based on his hobbies (Porsche, Puzzles) and grades, here is his profile:

- **High Score: Realistic (R)**
  - *Evidence:* He fixes cars, builds Legos, likes hiking/skiing. He likes "hands-on" problems.
- **High Score: Enterprising (E)**
  - *Evidence:* He likes "Business concepts," "Global Trading," and "Influence." He wants to work in the corporate world.
- **High Score: Investigative (I)**
  - *Evidence:* He likes "analyzing systems" (Politics, History grades).
- **LOW Score: Conventional (C)**
  - *Evidence:* This trait involves "following set procedures," "data entry," and "routine detail." His ADHD makes him struggle here (failing Stats, glossing over tedious details).

#### **The Conflict:**

- **Economics & Accounting** are highly **Conventional (C)** degrees. (Bad Fit).
- **Law & Poli Sci** are **Enterprising (E) / Investigative (I)** degrees. (Perfect Fit).

### **3. Academic Success & Challenges (Page 12)**

This page is the "Reality Check."

- **Academic Success (What works):**

- *Courses:* History (A), Poli Sci (A-), Law (B+).
- *Why:* "Narrative-based," "Big Picture concepts," "Argumentation."
- **Academic Challenges (What fails):**
  - *Courses:* Calculus (F, F, W), Statistics (F, F), French (F).
  - *Why:* "Abstract Math," "Rote Memorization," "Tedious Repetition."

#### 4. Reduce Major Options (Page 18-19)

The workbook asks you to cross off majors. Here is how he must mark them:

- **Economics:** Cross off. Reason: **AC** (Academically Challenging - Math barrier) and **P** (Personality mismatch - requires too much 'Conventional' focus).
- **International Relations:** Cross off. Reason: **AC** (The Language Requirement is a verified academic blocker).
- **Political Science:** **KEEP**. Reason: Fits "Enterprising" personality and "A- Grade" history.
- **Law and Society:** **KEEP**. Reason: Fits "Investigative" personality and "B+ Grade" history.

#### My Opinion on the Workbook's Outcome

If Maan fills this workbook out **honestly**—admitting that he hates tedious math and loves big-picture problem solving—the workbook will scream "**Political Science**" or "**Law and Society**."

**The only risk** is if he fills it out based on *who he wishes he was* (a Quant/Math guy) rather than *who he actually is* (a Strategy/Logic guy).

**Recommendation:** Sit with him (or have the Counselor sit with him) to fill out **Page 12 (Academic Success & Challenges)** first. Seeing the "A" in History next to the "F" in Math on paper is the most powerful argument for the pivot.